

The Magic of Worm Castings



Worm castings have a combination of helpful enzymes that create one of the best fertilizers available. Positive bacteria from the worm's digestive system help stimulate healthy growth for plants. Worm compost help:

1. Plants and Seeds Grow Faster
2. Water Retention
3. Natural Pesticide
4. Soil Aeration
5. Increased Fruit and Veggie Yield
6. Nitrogen Burn Protection
7. No Heavy Metals

How to Use Worm Castings:



Houseplants: Remove a small amount of potting soil from the plant's pot and replace it with some vermicompost. Sprinkle 1/4 to 1/2 inch into the pot to replace the soil you took out. Do this monthly.

Seedlings: Worm compost (vermicompost) is a terrific amendment for starting seeds, as it's nutrient-rich and helps support young growth. If you're starting seeds indoors, simply add a little bit to the seed-starting medium. For outdoor seed planting, sprinkle it along the trench or into the holes that you dug for your seeds.

Top Dressing: Both vegetable and ornamental plants can take advantage of the excellent water-holding and fertilizing properties of vermicompost. Apply a layer to the drip line of any plant. The drip line is around the circumference of the plant that starts at the longest outward branches and is where a lot of nutrition and water is taken up.